

Preoperative Evaluation

Before surgery, a pre-assessment ensures your readiness for the operation, confirms your understanding of the procedure, and outlines post-operative care for optimal recovery. Attendance is necessary to assess your fitness for surgery, address any concerns, and ensure safety before proceeding with the planned treatment.



Led by a nurse, the appointment can be either face-to-face or via telephone, depending on the procedure, anesthesia type, and medical history. This type of visit is typically arranged 3 - 4 weeks before surgery, efforts are made to accommodate your availability, but it's crucial to notify in advance of any conflicts.

Preparation:

- Gather medical history, current medications, X-rays, and relevant documents.
- For face-to-face appointments, eat normally, dress comfortably, and avoid oil or moisturizers on the day.
- For telephone appointments, ensure privacy and comfort for discussing medical history.

During the Appointment:

Your Doctor Edges nurse assesses health, medical history, and medications. Face-to-face appointments may involve routine tests like blood tests, ECG, and urine samples. Our expert physicians may provide instructions on medication adjustments, fasting, and special requirements. Special concerns and allergies are noted for consideration.

Test-Only Appointments: Sometimes, additional tests like blood tests or ECGs are scheduled separately, following a telephone pre-assessment.

Missed Appointments: Failure to attend may lead to postponement or cancellation of the surgery. Notify promptly if unable to attend, allowing for efficient rescheduling and maximizing appointment availability for others.

***Accompanying Individuals:** One family member or friend is welcome to accompany, but it's advisable to avoid bringing young children due to testing requirements.